

Laurea Magistrale in Psicologia Master's Degree in Psychology

General information		
Academic subject	Counseling and Psychodynamic Psychotherapy	
Degree course	Laurea Magistrale in Psicologia	
Academic Year	2022-23	
European Credit Transfer and Accumulation System (ECTS)	6	
Language	Italian	
Academic calendar (starting and ending date)	I semester	
Attendance	No	

Professor/ Lecturer	
Name and Surname	Amedeo Stella
E-mail	amedeo.stella@uniba.it
Telephone	0805714703 - 3463590703
Department and address	Studio n. 204 - Palazzo Chiaia-Napolitano, Bari, via Crisanzio, 42
Virtual headquarters	MS Teams, code: e2lfr89
Tutoring (time and day)	Sunday: 10.00-12.00 a.m. MS Teams, code: j5dhg98 Mixed mode (in presence or remotely via MS Teams platform)

Syllabus	
Learning Objectives	The course aims to provide knowledge and promote theoretical, clinical and technical skills regarding the therapeutic and counseling process according to the psychodynamic perspective. The following points will be discussed in more detail: a) To understand the assumptions and criteria that characterize the psychodynamic therapeutic approach. b) To study the criteria of suitability for psychodynamic treatment. c) To analyze the clinical method and the development of therapeutic action. d) To explore the evolution of the method and its relationship with the development of the theory of trauma in an interpersonal perspective.
Course prerequisites	To know the main perspectives on the psychological knowledge, and the basic knowledge on Dynamic Psychology and Clinical Psychology.
Contents	1) To study the main topics and concepts of psychoanalysis and psychodynamic psychotherapy. 2) To study the psychodynamic approaches to counseling, individual and group psychotherapy. 3) Readings from the sources of psychoanalysis. 4) Examination of case studies. 5) Participation in seminars and conferences. 6) Participation in film viewing and discussion workshops
Books and bibliography	- 1) Glen O. Gabbard, Introduzione alla psicoterapia psicodinamica (III edizione), Cortina, Milano 2018 - 2) A. Stella, Ipofanie. Ovvero sul disvelarsi delle origini del trauma attraverso il processo psicoanalitico, Franco Angeli, 2016. - 3) A. Schore, The right brain implicit self lies at the core of psychoanalysis. In "Psychoanalytic Dialogues", 21: 75-100, 2011.

	<p>- 4) Kernberg O. (2007), <i>The therapeutic action of psychoanalysis: controversies and challenges</i>. "The psychoanalytic quarterly", 76S:1689-1723</p> <p>- 5) D. Hill, Teoria della regolazione affettiva. Un modello clinico.</p> <p>Dispense:</p> <p>-1) A. Stella, Appunti sul "lavoro dell'implicito".</p> <p>- 2) Dispense: Il "counselling psicodinamico".</p> <p>-3) Casi Clinici.</p> <p>-4) Altro</p>
Additional materials	

Work schedule			
Total	Lectures	Hands on (Laboratory, working groups, seminars, field trips)	Out-of-class study hours/ Self-study hours
Hours			
150	40		110
ECTS			
6	6		
Teaching strategy		Lectures, experiential activities, discussion of clinical cases, group work, workshops, seminars and laboratory activities.	
Expected learning outcomes			
Knowledge and understanding on:		<ul style="list-style-type: none"> ○ Knowledge of the main models of clinical intervention in the psychodynamic field, and their epistemological foundations. ○ Ability to recognize and differentiate methodologies related to the main approaches. ○ Ability to understand the implicit processes involved in psychotherapeutic psychodynamic treatment. ○ Understanding typical forms of clinical interaction according to the main personality structures. 	
Applying knowledge and understanding on:		<ul style="list-style-type: none"> ○ Ability in critical and personal elaboration of the contents brought during the lectures, seminars and laboratory experiences. ○ Ability to differentiate and analyze the main clinical psychodynamic intervention methodologies. ○ Ability to assess the way to apply the topics of the course, to the clinical cases. 	
Soft skills		<ul style="list-style-type: none"> • <i>Making informed judgments and choices</i> <p>Ability to observe and evaluate differences and effects of different psychotherapeutic approaches on the individual, relationship and groups.</p>	

	<ul style="list-style-type: none"> • <i>Communicating knowledge and understanding</i> Ability to communicate in a personal and competent way the contents learned during the course. Ability to dialogue and learn from the discussion experience in the group. • <i>Capacities to continue learning</i> Ability to analyze, reflect and communicate autonomously and personally on clinical topics and experiences concerning counseling and psychodynamic psychotherapy. Ability to search and to integrate informations.
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Assessment and feedback	
Methods of assessment	For the verification and evaluation of the acquired knowledge and skills will be carried out: - a written or oral exam covering the entire programme under study. The exam (both written and oral) will consist of three open questions.
Evaluation criteria	<ul style="list-style-type: none"> • Knowledge and understanding of the theoretical and methodological models of psychodynamic psychotherapy and psychodynamic counseling. • Knowledge and ability to suggest and show that you are able to make conceptual inferences to define the clinical situation. • Ability in critical and personal elaboration of the concepts and of the didactic material. • Ability to communicate using the specific field language. • Ability to rework and organize thoughts related to the learned knowledge.
Criteria for assessment and attribution of the final mark	The final grade is awarded in thirtieths, and the exam is considered passed when the grade is greater than or equal to 18.
Additional information	